

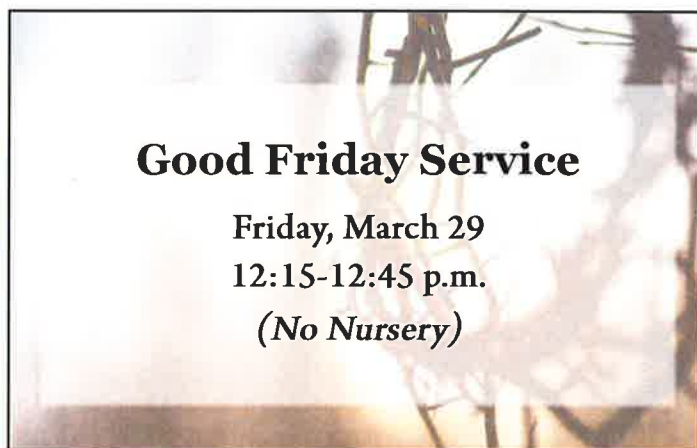


First  
Presbyterian  
Church

GREENWOOD, MISSISSIPPI

FEBRUARY 29, 2024

## Holy Week & Easter Worship Services



## Resurrection of the Lord Sunday Worship

March 31 - 11:00 a.m.

Brass Quartet and Floral Cross

Bring flowers to place on the floral cross in memory of loved ones.

**He Is Risen Breakfast  
and  
Easter Egg Hunt**  
Easter Sunday,  
March 31 - 9:30 a.m.  
in Shuler Hall



## THE LORD'S DAY

### March 3 — Third Sunday in Lent/Kirkin'

9:30 a.m. Activity for Children  
9:30 a.m. Kirkin' Lecture - Church Parlor  
10:15 a.m. Memphis Pipe Band on Main St.  
11:00 a.m. Worship/Procession to the Pipes  
Scripture:  
Sermon

Dr. Ligon Duncan III, preaching

Children's Sermon: Elder Lina Elfert  
Prayer of Dedication: Deacon Sam Pigott  
Children's Church: Miller and Mary Clyde King

### March 10 — Fourth Sunday in Lent

10:00 a.m. Sunday School  
10:30 a.m. Fellowship Time  
11:00 a.m. Worship  
Scripture: Galatians 5:22-25; II Timothy 1:7  
Sermon: "Be Nourished with the Fruit of the Spirit" - Self-Control, Elder Dallas Baker

Children's Sermon: Elder Jane Crump  
Prayer of Dedication: Elder Jim Bowen  
Children's Church: Chris and Courtney Walker

### March 17 — Fifth Sunday in Lent

10:00 a.m. Sunday School  
10:30 a.m. Fellowship Time  
11:00 a.m. Worship  
Scripture: Daniel 6:4  
Sermon: "Be Nourished with the Fruit of the Spirit" - Faithfulness, Dr. Chaney

Children's Sermon: Deacon Beverly Quinn  
Prayer of Dedication: Elder Sherry Clark  
Children's Church: Sam and Samantha Pigott

### March 24 — Palm/Passion Sunday

10:00 a.m. Sunday School  
11:00 a.m. Worship  
Sermon Scripture: Philippians 4:6-7  
Sermon: "Be Nourished with the Fruit of the Spirit" - Peace, Dr. Chaney

Children's Sermon: Deacon Emmie Daugherty  
Prayer of Dedication: Elder Todd Fincher  
Children's Church: Alan and Margie Barger

### March 31 — Resurrection of the Lord Sunday

10:00 a.m. Sunday School  
11:00 a.m. Worship  
Sermon Scripture: Habakkuk 3:17-18  
Sermon: "Be Nourished with the Fruit of the Spirit" - Joy, Dr. Chaney

Children's Sermon: Deacon Emmie Daugherty  
Prayer of Dedication: Elder Todd Fincher  
Children's Church: Alan and Margie Barger

**March Ushers:** Justin Braswell, David Camp, Todd Fincher, Grace Jefcoat, Johnny Jennings, and Samantha Pigott

**March Hospital Visitation Elder:** John Stewart III



## WELL-BEING THROUGH CHORAL SINGING

Many choir singers would likely attest to the soothing and bonding experience that comes from belting out chants and hymns in unison. And there's science to back them up. Last year, Norwegian researchers found that singing in a choir may help form social bonds; while a 2007 U.K. study found that choristers were better able to cope with stress.

A new exploratory study out of Sweden reveals that singing in a choir may not only promote mental and emotional well-being, social connection and collaboration, but good heart health, as well.

To study the benefits of choral singing on the body, researchers at the Sahlgrenska Academy at Sweden's Gothenburg University studied the heart rates of high school choir members as they sang in unison. What they found, according to their paper published in *Frontiers in Neuroscience* this week, was astonishing.

Musicologist Björn Vickhoff, who led the study, explained that not only did the choir members' heart rates slow down as they began to sing, but their heartbeats gradually synchronized, eventually beating as one, with the song's tempo as a guide. "When you exhale [as you sing] you activate the vagus nerve, we think, that goes from the brain stem to the heart. And when that is activated the heart beats slower," Vickhoff told the BBC, referring to the complex nerve that is believed to be linked to emotional health.

Comparing choral singing to doing yoga, Vickhoff said that the controlled breathing used in both activities may have positive long-term effects on heart health and blood pressure. Vickhoff has also said that choral singing, like yoga, may be beneficial to one's mental and emotional health. "Singing regulates activity in the vagus nerve which is involved in our emotional life and our communication with others and which, for example, affects our vocal timbre," he said in a statement released by the academy. "Songs with long phrases achieve the same effect as breathing exercises in yoga. In other words, through song we can exercise a certain control over mental states."

The synchronization of choir members' heartbeats could also suggest an increased ability to form stronger social bonds or to experience closer connections, says Vickhoff. "It's a beautiful way to feel. You are not alone but with others who feel the same way."

*From an article that appeared in [The Huffington Post](http://TheHuffingtonPost.com), on July 11, 2013.*

Our Chancel Choir rehearses on Wednesday evenings in the Choir Room from 5:30-7:00 p.m. Anyone who can match pitch is invited to join us. Nursery care is provided for those with small children.

*Ray Smithee*

## SESSION HIGHLIGHTS

### February 2024

1. Approved minutes for the January Stated Session meeting of January 14 with amendments, Called Session Meeting of January 21, and Congregational Meeting of January 21.
2. Approved the 2024 Budget in the amount of \$1,084,155.00.
3. Approved calling a congregational meeting immediately after worship on March 24, 2024, for the purpose of (a) hearing a report from the Officer Nominating Committee, and (b) electing officers.
4. Approved reinstating Noelle Barret, now Noelle Barrett Linebach, to the active roll and transferring her membership to the First Presbyterian Church of Nashville.
5. Approved a motion to remove Jay and Erica Culpepper from the church roll as they are attending another church.
6. Approved Floyd Melton III as a member of the Endowment Committee, Class of 2028.
7. Items of Information from the Kindergarten: Registration for next year is complete, with all deposits collected for a current enrollment of 45 students (35 returning, 10 new). Of this total, 6 are teachers' children and 2 are on scholarship. Complete and up-to-date vaccination records have been turned in and are on file for all students. All current teachers, except one, have signed letters of intent and will be returning. Ashton Turner will be leaving at the end of the school year. That position of full-time assistant had already been filled by Madeleine Coleman Sykes beginning August, 2024.
8. Approved a Spring Youth Trip to Memphis on April 6 to visit the zoo and also attend a Memphis Grizzlies game. Youth that attend will be responsible for their meals and extras. The church will pay for the cost of tickets.
9. Approved Senior High Fun in the Son Summer trip in St. Simon, GA, June 23-June 28. Cost per student is \$470 with student responsibility of \$200 each to attend. The church will cover remaining costs.
10. Approved Junior High The Great Escape Summer trip in Ocoee, TN, July 22-July 27. Cost per student is \$495 with student responsibility of \$200 each to attend. The church will cover remaining costs.
11. Approved to discontinue offering a church scholarship program for graduating seniors and shift the \$5,000 budgeted 2024 money to benevolences that were cut.
12. Approved allocating a gift in the amount of \$2,000 from Dr. and Mrs. James Robbins to the Parking Lot/Covered Entrance Building Fund.

## Session Highlights continued

13. Approved allocating a gift in the amount of \$1,000 from Van Dyke Neill to Parking Lot/Covered Entrance Building Fund.
14. Approved allocating a gift in the amount of \$1,000 from Aubrey "Mack" Gaskins to Parking Lot/Covered Entrance Building Fund.
15. Approved allocating a gift in the amount of \$1,000 from Frank Jarman to Parking Lot/Covered Entrance Building Fund.
16. Approved raising Whitney Avritt's credit card limit to \$10,000 in order that she be able to cover expenses associated with the upcoming Spring Break Mission Trip to Guatemala.
17. The Stewardship and Finance Chair, Moss Melton, reported that the church ended 2023 with income that exceeded expenses by \$66,553.25. This money has been placed in the General Fund. The chair noted that while the pledge contributions amount was down by \$25,884, which resulted in amendments to the proposed 2024 budget, he was still happy with the overall giving by the congregation when the amount that was pledged to the parking lot/covered entrance project was taken into consideration. Noted that the new Chair of the Endowment Committee is Ryan Strawbridge.
18. Approved Caroline Strawbridge and Kelli Stainback as VBS directors for 2024.
19. Approved "Stellar" by Group Publishing for 2024 VBS curriculum.
20. Christian Ed Committee will host a "He Is Risen" Celebration Breakfast in Shuler Hall, and an Easter Egg Hunt on the playground, at 9:45 a.m., Sunday, March 31.
21. Approved to amend the August 2023 motion approving the Montreat Presbyterian Church to borrow FPC's Church of Scotland tapestry for its Kirkin' Service, May 26, 2024. Motion additionally now seeks approval for FPC Nashville to borrow the tapestry for its Kirkin' service on May 19, 2024.
22. Approved Dallas Baker to preach on Sunday, March 10, 2024, and Ray Smithee to administer communion. Glenn Beckham will serve as liturgist. Dr. Chaney is away that Sunday.
23. Approved the Mississippi Valley State University Choir using the Sanctuary for their Spring Concert on Thursday, April 25, 2024 with a rehearsal on Tuesday, April 23, 2024.
24. Approved Laura Fincher's use of the Church Parlor on March 8, 2024 for two hours for a birthday party.
25. Building and Grounds Committee noted that Lennox has agreed to cover under warranty the compressors damaged from the power surge that damaged those units. Roof leaks in the Ed Building have been repaired by Dixie Roofing.



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# MISSION TRIP



*Ahava Ministries*

A group of 16 youth and adults will be going on a mission trip to Guatemala from March 9 - 15.

2024

*March*

## EVENTS

SUNDAY	3	WEDNESDAY	6
<i>Kirkun of the Tartans</i>		<i>Bible Study</i>	
SUNDAY	10	WEDNESDAY	13
<i>Spring Break</i>		<i>Spring Break</i>	
SUNDAY	17	WEDNESDAY	20
<i>Spring Break</i>		<i>Bible Study</i>	
SUNDAY	24	WEDNESDAY	27
<i>Mission Project</i>		<i>Bible Study</i>	
SUNDAY	31		
<i>Easter Sunday</i>		<i>March 2-15</i>	<i>Spring Break Mission Trip</i>



Follow us on Instagram!

**youthfpcgwood**

## CHURCH DIRECTORY

300 Main Street • P.O. Box 485  
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Phone (662) 453-4680  
Fax (662) 453-4699  
Website: [www.firstgreenwood.net](http://www.firstgreenwood.net)

Pastor..... Dr. Andrew Chaney  
Pastor Emeritus ..... Dr. Rusty Douglas  
Director of Music ..... Rev. Ray Smithee  
Director of Youth ..... Whitney Avritt  
Christian Ed. Director ..... Kelli Stainback  
Kindergarten Director ..... Caroline Strawbridge  
Financial Secretary ..... Annette McDonald  
Administrative Assistant ..... Denise Gardner  
Custodian ..... Charles Covington  
Custodian ..... Lonnie Love  
Clerk of Session ..... Richard Oakes  
Board of Deacons ..... Rebekah Arant  
Church Treasurer ..... Mark Vemer  
Presbyterian Women ..... Mary Clyde King  
Endowment Committee ..... Mike Sturdivant III  
Missionaries ..... Bill Holland, Ahava Ministries  
Bill & Bette Bryant Crisis Nursery, Zambia  
Cistern Project of the Yucatan  
Amos Yam, Yucatan  
Potter and Clay Ministries of Haiti  
Presbyterian Church of Aleppo, Turkey  
Ivan Rusyn, Ukraine

## EMAIL ADDRESSES

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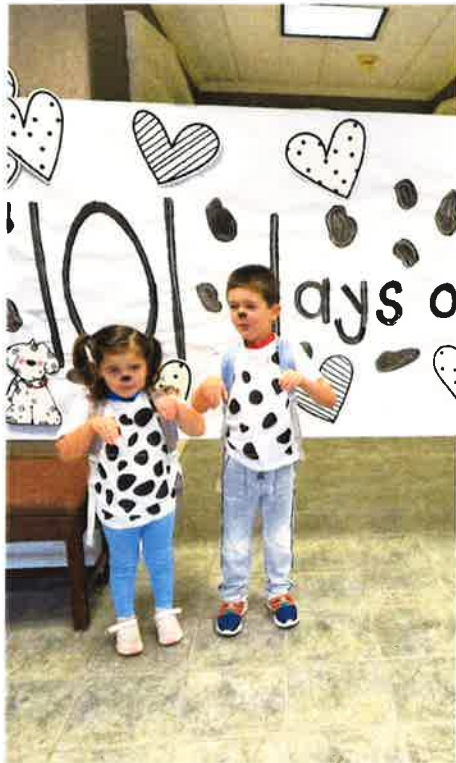


A Covenant Order of  
Evangelical Presbyterians

# March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b>	<b>2</b>  6:30 p.m. Kirkin' Committee Party
<b>3</b> 9:30 a.m. Kirkin' Lecture 10:15 a.m. Pipes Concert 11:00 a.m. Kirkin' Processional/Worship 12:15 p.m. Luncheon and Kilt Election	<b>4</b> 10:00 a.m. PW Coordinating Team  5:00 p.m. Youth Committee	<b>5</b> 8:30 a.m. Women's Bible Study	<b>6</b> 11:00 a.m. Wed. Bible Study  2:30 p.m. Liturgy 5:30 p.m. Youth Dinner 6:00 p.m. Youth Bible Study 6:00 p.m. Chancel Choir	<b>7</b> 6:45 a.m. Men's Breakfast and Bible Study	<b>8</b> Leave for Ahava Mission Trip	<b>9</b>
<b>10</b> 10:00 a.m. Sunday School 10:30 a.m. Communion Assignments 10:30 a.m. Fellowship Time 11:00 a.m. Worship and Communion	<b>11</b>  5:30 p.m. B & G Committee	<b>12</b>	<b>13</b>  6:00 p.m. Chancel Choir	<b>14</b> 6:45 a.m. Men's Breakfast and Bible Study  5:30 p.m. Admin. Committee	<b>15</b> Return from Ahava Mission Trip	<b>16</b>
<b>17</b> 9:00 a.m. Session 9:30 am Choristers (Sanctuary) 10:00 a.m. Sunday School 10:30 a.m. Fellowship Time 11:00 a.m. Worship	<b>18</b> PW Noon Circle  5:00 p.m. Deacons	<b>19</b> 8:30 a.m. Women's Bible Study 10:00 a.m. Staff Meeting	<b>20</b> 11:00 a.m. Wed. Bible Study  2:30 p.m. Liturgy 5:30 pm Youth Dinner 6:00 pm Youth Bible Study 6:00 p.m. Chancel Choir	<b>21</b> 6:45 a.m. Men's Breakfast and Bible Study  Newsletter Deadline	<b>22</b>	<b>23</b>
<b>24</b> 10:00 a.m. Sunday School 10:30 a.m. Fellowship Time 11:00 a.m. Worship/ Congregational Meeting for Election of Officers	<b>25</b>	<b>26</b> 8:30 a.m. Women's Bible Study	<b>27</b> 11:00 a.m. Wed. Bible Study  2:30 p.m. Liturgy 5:30 pm Youth Dinner 6:00 pm Youth Bible Study 6:00 p.m. Chancel Choir	<b>28</b> 6:45 a.m. Men's Breakfast and Bible Study  6:30 p.m. Communion Assignments 7:00 p.m. Maundy Thursday Service/ Communion	<b>29</b> 12:15 Good Friday Service	<b>30</b>
<b>31</b> 9:30 am He Is Risen Breakfast and Egg Hunt 11:00 a.m. Worship						

# 101 Days of FPK



## FPK Trike-A-Thon

\$5,650 Raised  
for St. Jude  
Children's  
Research  
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